

**RETURN TO COMPETITION**

This form is to be used after an athlete is removed from and not returned to competition after exhibiting concussion symptoms. MHSAA rules require unconditional written authorization from a physician (MD/DO/ Physician's Assistant/ Nurse Practitioner) before an athlete may return to activity after exhibiting concussion symptoms that caused that athlete to be removed for the duration of a contest.

In cases where an assigned MHSAA Tournament physician (MD/DO/PA/NP) is present, his or her decision to not allow a student to return to activity may not be overruled.

Athlete: \_\_\_\_\_ School: \_\_\_\_\_

Event/Sport: \_\_\_\_\_ Date of Injury: \_\_\_\_\_

**REASON FOR ATHLETE'S INCAPACITY**

\_\_\_\_\_  
\_\_\_\_\_

**Action of M.D., D.O., Physician's Asst. or Nurse Practitioner**

- The clearance must be in writing and must be unconditional. It is not sufficient that the M.D., D.O. Physician's Assistant or Nurse Practitioner has approved the student to begin a return-to-play progression. The medical examiner must approve the student's return to unrestricted activity.
- Individual school, districts and leagues may have more stringent requirements and protocols including but not limited to mandatory periods of inactivity, screening and post-concussion testing prior to or after the written clearance for return to activity.
- A school or licensed health care professional may use a locally created form provided it complies with MHSAA regulations. (See MHSAA Concussion Protocol)

I have examined the named student-athlete following this episode and determined the following:

**Permission is granted** for the athlete to return to activity (may **not** return to practice or competition on the same day as the injury).

DATE: \_\_\_\_\_

**SIGNATURE (Must be MD/ DO/PA/NP)**

Examiner's Name (Printed): \_\_\_\_\_

**Copies to: Team Coach and Athletic Director (Duplicate as Needed)**

**In addition to this return to competition form, member schools are required to complete and submit a report on MHSAA.com to record and track concussion events in all levels of all sports.**